

SENIORS' SUPPORTIVE HOUSING

Live independently!



HOUSING MATTERS



BC Housing



What is **Seniors' Supportive Housing?**

Funded by the Province of British Columbia, the Seniors' Supportive Housing program provides specially modified homes primarily to low-income seniors who need some assistance in order to continue to live independently. The program provides support services such as a daily meal, weekly housekeeping and linen laundry, social and recreational activities and 24-hour emergency response to assist seniors to stay in their home longer.



Am I Eligible?

You are eligible for Seniors' Supportive Housing if you are a low-income senior who would benefit from an accessible home, if you require some support services to continue to live independently and if you are able to manage your own lifestyle.

Your Home - 'Modified'

All Seniors' Supportive Housing apartments have been updated to enhance accessibility. Whenever possible, showers are available in place of bathtubs and levered handles make doors and faucets easier to turn. Enhanced safety features include grab bars in bathrooms, smoke detectors in all units, sturdy handrails in common hallways and bright lighting at all entrances and exits. Spacious hospitality areas accommodate meal service and social activities.



Ongoing Benefits Plus

Imagine how much easier your life would be with special services including meals, housekeeping and social and recreational activities all designed to improve your quality of life and allow you to stay in your home longer!



A NUTRITIOUS DAILY MEAL

Enjoy a tasty balanced meal every day. Meals are planned to promote your nutritional health following the recommendations of *Canada's Food Guide*, and are prepared and served by qualified staff. Meal times are a great opportunity to socialize with your neighbours and friends.



A HELPING HAND WITH HOUSEWORK

Relax while friendly, capable staff provide housekeeping assistance every week. Floors are vacuumed or mopped. Bathrooms and kitchens scrubbed. Towels and bed linens are changed and laundered weekly, too. Whenever possible, cleaning routines are scheduled at your convenience.



A CHANCE TO CONNECT

Participate in a variety of weekly social and recreational activities designed to promote your physical and mental health. Connect with your neighbours for card games or bingo, movie nights or lectures. Connect with your community during visits to shopping malls, seniors' centres or swimming pools.

An Affordable Choice

As a Seniors' Supportive Housing tenant, you pay 50 per cent of your gross household income for your home. This includes your support services package. Consider the **value of your daily meal and weekly housekeeping**, plus your **access to social and recreational activities**. Now add in **your peace of mind**, and that of your family and friends, knowing you have a **24-hour emergency response system**. You will appreciate that Seniors' Supportive Housing is the ideal choice for you — a choice that will help you live independently and stay in your own home longer.



WHAT SENIORS ARE SAYING ABOUT SUPPORTIVE HOUSING...

“ *It’s the best thing that could have happened to me. I don’t know what I would have done or where I would have gone otherwise.* ”

Olympia, LILAC TERRACE, Sparwood

“ *I have my hot meal provided at noon, but I make my own breakfast and supper. It’s all very good for me.* ”

Elynor, ROSEWOOD TOWERS, Richmond

“ *You can be alone in your suite if you wish, but you’re never really alone. There’s always someone you can call on.* ”

June, COLUMBUS COURT, Vernon

FOR MORE INFORMATION, CONTACT:

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November 2007