CRUCIAL REMINDERS TO CONTINUE:

Continue to keep your distance

- Practice physical distancing, allowing 2 metres (6 feet) between you and others
- Limit visitors and try to socialize outside while maintaining a physical distance
- If more than one person is in an elevator - wait for the next one if you cannot maintain an appropriate distance
- Avoid congregating in common spaces such as lobby’s and hallways

Protect

- Avoid hugs, handshakes and practice good hygiene by covering coughs & sneezes into your elbow
- Avoid touching your mouth, nose and eyes
- Wear a non-medical or cloth mask when physical distancing is not possible to help protect others

Wash your hands

- Wash your hands frequently for 20 seconds, or use hand sanitizer, especially after touching shared surfaces (i.e. handrails, intercoms, laundry machines, elevator buttons to ensure you eliminate possible virus contamination.

Stop the spread

- Tenants demonstrating any cold or flu symptoms (fever, cough, difficultly breathing) are asked to self isolate for 14 days and contact Health Link BC at 811 to get tested
- If you have been told to self isolate, you must do so immediately
- If you are concerned about your health or have questions about COVID-19, please call your primary health provider or Health Link BC at 8-1-1.

Tenants can also contact the Tenant Support and Information Line at 1-833-301-4707 Monday - Friday 8:30 to 4:00 for access to any resources, information or referrals.

BE KIND, BE CALM AND STAY SAFE EVERYONE!