Substance Use Treatment Facility for Youth
45456 Yale Road

The proposal
In a first of its kind for the region, BC Housing is partnering with Fraser Health and Pacific Community Resources Society to open a 20-bed residential treatment facility exclusively for youth in the Fraser Health region aged 13 to 18 with substance use issues which may be complicated by mental health challenges.

The centre will have a unique blend of programming options on-site, including; a fitness room, two lounges for crafts, movies and other leisure activities; group, individual, and family therapy rooms; green space to encourage connection to nature, including a healing garden; a basketball court; and a fully-fenced property with safety features including 24/7 staffing and flood lights.

Staffing
Staff will work with youth to develop individualized growth plans to address their addiction and mental health, while developing the skills necessary to maintain wellness. Staff at the centre will also work with community-based teams to ensure youth are well supported prior to treatment, and upon their return to the community. The centre will use a team-based approach, including but not limited to residential addictions workers, clinical counselors, a recreation therapist, a nurse practitioner, a connection outreach worker.
## Programs

The centre will provide programs created with input from youth who have experienced problematic substance use and their parents, including comprehensive assessment, treatment and recovery for up to six months. Fraser Health and the Pacific Community Resources Society will coordinate access to the program in partnership, through a screening committee that reviews referral using specific criteria to determine eligibility.

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<tr>
<th>Treatment Approach</th>
<th>Goal</th>
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<td><strong>One-on-one and group counselling to work through relationship concerns.</strong> When appropriate, a patient’s family members will be incorporated into their treatment plan to help strengthen these supports.</td>
<td>Helps youth to establish a support network among their peers, and reinforces that they are not alone in their recovery from substance use.</td>
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<td><strong>Recreational activities to help connect patients to nature,</strong> including on-site green space to accommodate sports (eg. volleyball), and off-site activities (eg. hiking, swimming, rock-climbing.)</td>
<td>Provides youth with a variety of experiences that promote physical activity, build confidence and allow them to master new skills.</td>
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<td><strong>A safe space to explore cultural and spiritual beliefs,</strong> including collaboration with local First Nations for optional cultural learning activities.</td>
<td>To provide a safe space to explore cultural beliefs and identify.</td>
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<td><strong>Training programs,</strong> (eg. continuing education, cooking, skills training) and volunteer opportunities to support young people in preparing for the future.</td>
<td>Providing youth with an array of practical experiences allows them to discover where their talents and interests may lie, and enables them to envision their future when they are in recovery.</td>
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## Partners

- **BC HOUSING**
  
  BC Housing has purchased the site and will fund the construction of the centre.

- **fraserhealth**

  Fraser Health will fund the operations of the centre once completed.

- **Pacific Community Resources Society**

  Pacific Community Resources Society will manage the program, providing 24/7 staff to work with youth on their recovery.

## For more information:

Visit [www.bchousing.org/chilliwack-youth](http://www.bchousing.org/chilliwack-youth) or email [communityrelations@bchousing.org](mailto:communityrelations@bchousing.org). All input received by July 11 will be included in a summary report provided to the City of Chilliwack. The public hearing will be held on July 17.