Welcome
Substance use treatment facility for youth

Community Open House  Tuesday, July 10, 2018

5:30 pm - 7:30 pm

Please drop in to learn more about the proposal to rezone the property at 45456 Yale Road in Chilliwack for BC Housing to build a 20-bed substance use treatment facility for youth aged 13-18 years old, funded through Fraser Health and operated by Pacific Community Resources Society.

Respectful dialogue:

• Ensure comments and discussions are respectful;
• Recognize that the issues are complex and we need thoughtful discussion about how to meet community needs;
• Share your thoughts – fill out a comment form, join the conversation tonight or email communityrelations@bchousing.org. All comments received by July 11 will form part of a summary report provided to the City of Chilliwack.
Why is this facility needed?

Challenges:

• Currently no publicly-funded substance use residential treatment program available in Fraser Health for youth aged 13 to 18 years old.

• Some young people require residential treatment setting as another option to outpatient or intensive day treatment settings – this service will add to the continuum of substance use services currently provided.

• The facility will provide treatment and preventative support to our youth.
Proposed substance use treatment facility for youth

In a first of its kind for the region, BC Housing is partnering with Fraser Health and Pacific Community Resources Society to open a residential treatment facility exclusively for youth.

Who is it for:
Youth aged 13 to 18 in the Fraser Health region with substance use issues which may be complicated by mental health challenges. A screening committee will review referrals using specific criteria to determine eligibility.

Program Goals:
- an environment that provides best opportunity for success
- a holistic approach
- a more concentrated focus on recovery journey – multidisciplinary team, comprehensive assessment and treatment.

Facility Type:
24-hour comprehensive care. Length of stay up to 6 months.
Programs

The centre will provide programs created with input from youth who have experienced problematic substance use and their parents, including comprehensive assessment, treatment and recovery for up to six months. Based on the understanding that mental-health and addiction concerns may stem from unresolved trauma and breaks in relationships, the treatment approach will focus on four core areas, including:

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<tr>
<th>Treatment Approach</th>
<th>Goal</th>
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<td><strong>One-on-one and group counselling to work through relationship concerns.</strong> When appropriate, a patient’s family members will be incorporated into their treatment plan to help strengthen these supports.</td>
<td>Helps youth to establish a support network among their peers, and reinforces that they are not alone in their recovery from substance use.</td>
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<td><strong>Recreational activities to help connect patients to nature,</strong> including on-site green space to accommodate sports (eg. volleyball), and off-site activities (eg. hiking, swimming, rock-climbing.)</td>
<td>Provides youth with a variety of experiences that promote physical activity, build confidence and allow them to master new skills.</td>
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<td><strong>A safe space to explore cultural and spiritual beliefs,</strong> including collaboration with local First Nations for optional cultural learning activities.</td>
<td>To provide a safe space to explore cultural beliefs and identify.</td>
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<td><strong>Training programs,</strong> (eg. continuing education, cooking, skills training) and volunteer opportunities to support young people in preparing for the future.</td>
<td>Providing youth with an array of practical experiences allows them to discover where their talents and interests may lie, and enables them to envision their future when they are in recovery.</td>
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Staffing Model

Staff will work with youth to develop individualized growth plans to address their addiction and mental health, while developing the skills necessary to maintain wellness. Staff at the centre will also work with community-based teams to ensure youth are well supported prior to treatment, and upon their return to the community. Staff will be on-site 24/7.

The centre will use a team-based approach, including but not limited to:

- Manager / Director
- Residential Addictions Workers
- Clinical Counsellors
- Recreation Therapist
- Nurse Practitioner
- Intake and Transition Worker
- Connection Outreach Worker
- Maintenance
- Cooks
- Homemaker
Design Concepts

The centre will have a unique blend of multiple programming options, including but not limited to:

- a fitness room
- two lounges for crafts, movies and other leisure activities
- group, individual, and family therapy rooms
- green space to encourage connection to nature, including a healing garden
- garden plots
- basketball court

The design will include a fully-fenced property with safety features including 24/7 staffing and flood lights.

These conceptual renderings are subject to adjustment during the municipal approval process.
Site Plan

This site plan is subject to adjustment during the municipal approval process.
Floor Plan

Elevations

This floor plan and elevations are subject to adjustment during the municipal approval process.
Partners

We are committed to providing a safe space for youth on their journey to recovery.

**BC Housing** has purchased the site at 45456 Yale Road and will fund the construction of the centre.

The project is currently in the design and program development phase, and, throughout the process, the project team is engaging with families and youth with lived experience to ensure the new facility provides a therapeutic environment to support recovery. Construction of the centre is scheduled to be complete in spring 2020. A rezoning application has been submitted to the city for approval.

**Fraser Health** will fund the operations of the program.

This proposal is part of Fraser Health’s multi-faceted strategy to address the overdose emergency in the region, which also includes prevention, early intervention, harm reduction and treatment. This strategy supports the work of the Ministry of Mental Health and Addictions (MMHA) to take action to save lives, end stigma, and improve access to treatment and recovery. Through the development of a comprehensive mental health and addictions strategy, MMHA is working to develop a better pathway forward to address the overdose crisis and better serve British Columbians with a system of mental-health and addictions care focused on prevention, early intervention, treatment and recovery.

**Pacific Community Resources Society** will manage the program, providing 24/7 staff to work with the youth on their recovery.

The society is a fully accredited not-for-profit agency that has won numerous awards for providing safe, effective services in local neighbourhoods over the past 34 years. We operate several other treatment programs located from Vancouver to Keremeos, including a successfully run youth and young adult treatment facility as well as housing andaddictions services through the Chilliwack Health and Housing Centre.
Next Steps

The property at 45456 Yale Road requires rezoning from CS2 Tourist Commercial to R9 Supportive Housing, and an Official Community Plan amendment from Thoroughfare Commercial to Comprehensive Development Area. The project is currently in the design and program development phase, and, throughout the process, the project team is engaging with families and youth with lived experience to ensure the new centre provides a therapeutic environment to support recovery.

1. Step 1: BC Housing submits Rezoning Application to the City of Chilliwack – June 2018
2. Step 2: First Reading of application – July 3, 2018
3. Step 3: Community Open House – July 10, 2018
4. Step 4: Public Hearing – July 17, 2018
5. Step 5: Subsequent Readings and Adoption – TBD
How Can I Provide Input?

Email communityrelations@bchousing.org

Fill out a comment form*

Participate in a municipal hearing on July 17

*All comments received by July 11 will be included in a summary report provided to the City of Chilliwack.