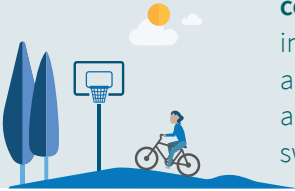



Programs

The centre will provide programs created with input from youth who have experienced problematic substance use and their parents, including comprehensive assessment, treatment and recovery for up to six months.

Based on the understanding that mental-health and addiction concerns may stem from unresolved trauma and breaks in relationships, the treatment approach will focus on four core areas, including:

Treatment Approach	Goal
<p>One-on-one and group counselling to work through relationship concerns. When appropriate, a patient’s family members will be incorporated into their treatment plan to help strengthen these supports.</p> 	<p>➔ Helps youth to establish a support network among their peers, and reinforces that they are not alone in their recovery from substance use.</p>
 <p>Recreational activities to help connect patients to nature, including on-site green space to accommodate sports (eg. volleyball), and off-site activities (eg. hiking, swimming, rock-climbing.)</p>	<p>➔ Provides youth with a variety of experiences that promote physical activity, build confidence and allow them to master new skills.</p>
<p>A safe space to explore cultural and spiritual beliefs, including collaboration with local First Nations for optional cultural learning activities.</p> 	<p>➔ To provide a safe space to explore cultural beliefs and identify.</p>
 <p>Training programs, (eg. continuing education, cooking, skills training) and volunteer opportunities to support young people in preparing for the future.</p>	<p>➔ Providing youth with an array of practical experiences allows them to discover where their talents and interests may lie, and enables them to envision their future when they are in recovery.</p>

Staffing Model

Staff will work with youth to develop individualized growth plans to address their addiction and mental health, while developing the skills necessary to maintain wellness. Staff at the centre will also work with community-based teams to ensure youth are well supported prior to treatment, and upon their return to the community. Staff will be on-site 24/7.

The centre will use a team-based approach, including but not limited to:

- **Manager / Director**
- **Residential Addictions Workers**
- **Clinical Counsellors**
- **Recreation Therapist**
- **Nurse Practitioner**
- **Intake and Transition Worker**
- **Connection Outreach Worker**
- **Maintenance**
- **Cooks**
- **Homemaker**

