Please remember to physical distance at least 2m (6ft.) apart

Using Chill Rooms During Covid-19

- **Sanitize/wash your hands** upon entering and leaving the room.
- **Maintain 6ft. of space** between you and others.
- **Wear a mask** over your nose and mouth while using this space.
- **Wait for an available seat** before entering, if all of the seats are occupied.
- **Disinfect your chair** with wipes provided before sitting in it.
- **Do not move the chairs.** They are arranged to maintain physical distancing.

### During Covid-19 remember to:
- Wash or disinfect hands regularly
- Physical distance min. 2m (6ft.)
- As needed, wear gloves/mask

To report Covid-19 symptoms, or if you or someone you are in contact with is experiencing flu/cold symptoms, please avoid using common spaces and **Call 811.** For non-emergency Covid-19 info call 1-888-COVID19.

For more information visit: [www.HealthLinkBC.ca](http://www.HealthLinkBC.ca)

BE KIND, BE CALM AND STAY SAFE EVERYONE!