

Reporting Period:

April 2020- March 2021

Geographic Area:

British Columbia

Introduction

BC Housing supports more than 110 transition houses, safe homes, and second stage housing for women — with or without children — who are at risk of violence, or who have experienced violence. The programs provide women and children with a temporary place to stay, support services, referrals and assistance in planning next steps. There are three program types within the Women's Transition Housing and Supports Program (WTHSP):

- > Transition houses Transition houses provide safe, temporary 24/7 staffed shelter, typically up to 30 days. Most transition houses are residential homes in confidential locations where women and families live communally. Support workers in these homes provide emotional support, crisis intervention and safety planning.
- Safe homes Safe homes are often located in smaller remote or rural communities and provide safe shelter typically for up to 10 days. Safe Home programs provide short-term shelter, emotional support, safety planning and referrals. Short-term safe shelter is provided in a variety of ways depending on the community, such as an apartment or townhouse unit, a hotel or motel, or a secure room in a private home.
- Second stage housing Second stage housing is usually a private, secure, low-cost apartment or townhouse unit where women and accompanied children can live safely and independently, typically for 6–18 months. Staff are available to provide emotional support, safety planning and referrals.

In April 2020, BC Housing began setting up **expansion sites** across British Columbia as a result of the COVID-19 pandemic. This ensured continuing support for women and children fleeing violence who require their own room to self-isolate, quarantine or due to vulnerable health. These spaces also helped create physical distancing at existing WTHSP sites. The expansion sites are mostly located in hotels and motels around the province, secured by BC Housing or a WTHSP provider.

Women's Transition Housing and Supports Programs

Pandemic Data: Impacts and Outcomes



Spaces by WTHSP Program Type Available as of March 31, 2021



Purpose of Report

This report summarizes the data provided by WTHSP expansion and existing providers to BC Housing during the pandemic period, April 1, 2020 to March 31, 2021.

WTHSP providers operating expansion and existing sites are required to send monthly reports to BC Housing providing information about stays at the WTHSP expansion and existing sites. This information helps BC Housing inform program and policy decisions and demonstrate accountability to the public in terms of its response to the pandemic, as well as for how money is being spent. This data helps inform current and future decision-making and emergency planning. The information shows the effect of the COVID-19 on the WTHSP sector and how the sector has continued to support women and children experiencing violence during the pandemic.

KEY FINDINGS

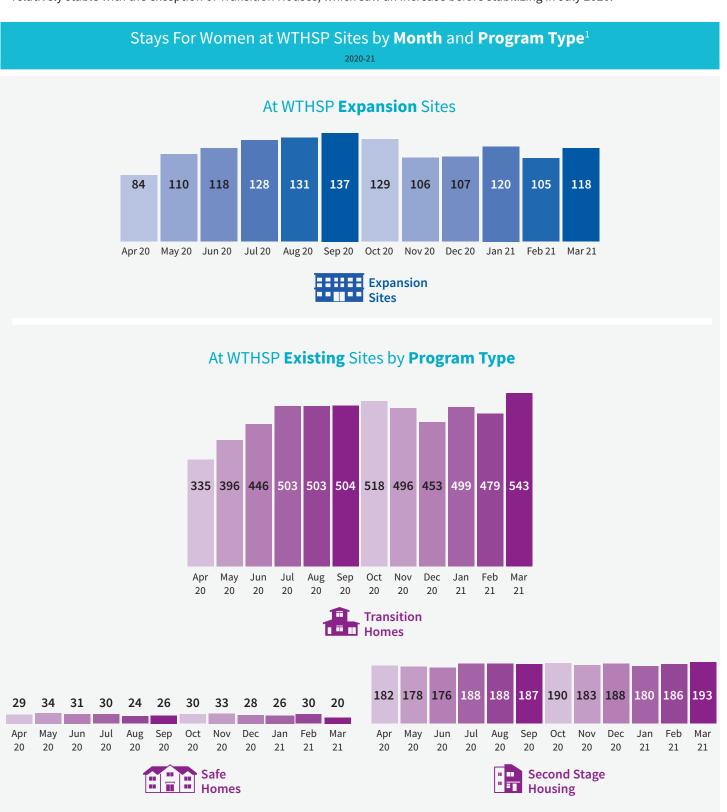
Stays

- > There were almost 3,900 stays for women at WTHSP existing sites and an additional 809 stays for women at WTHSP expansion sites in 2020-21.
- There were also more than 2,300 stays for accompanied children at WTHSP existing sites and over 500 stays for accompanied children at WTHSP expansion sites in 2020-21.





> Stays for women increased at WTHSP expansion sites until October 2020 before stabilizing. Stays at existing sites remained relatively stable with the exception of Transition Houses, which saw an increase before stabilizing in July 2020.

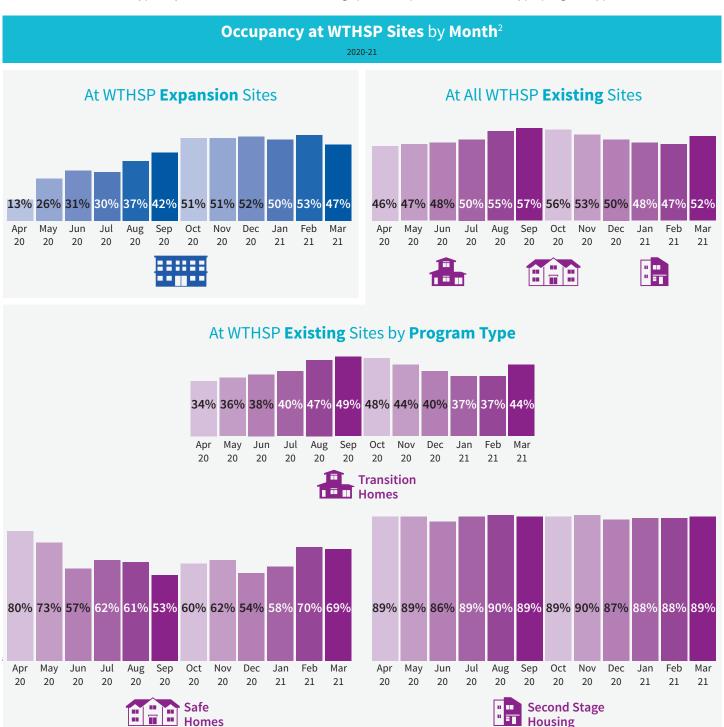


^{1:} Stays for months reported in earlier reports in the series may differ from this update. Data previously reported may be updated/corrected by providers with every new monthly snapshot provided.



Occupancy

- Occupancy increased April to October 2020 at WTHSP expansion sites, remaining at about 50 per cent between October 2020 and March 2021.
- Occupancy at existing WTHSP sites was fairly consistent over the reporting months at about 50 per cent in 2020-21.
 - For existing sites, occupancy was highest at second stage housing, followed by safe homes, and then transition houses (transition houses typically have the most common living space compared to the other type program types).



^{2:} Occupancy for months reported in earlier reports in the series may differ from this update. Occupancy data previously reported may be updated/corrected by providers with every new monthly snapshot provided.

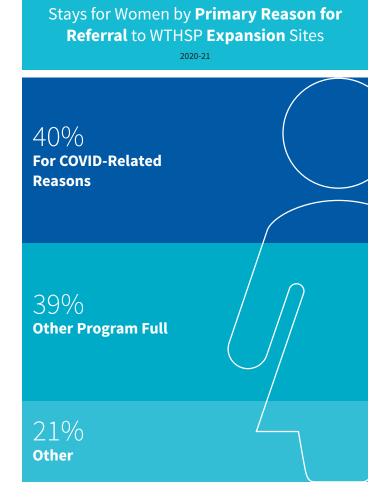


Occupancy at WTHSP Sites by Region and Program Type April 2020 and March 2021 At WTHSP **Expansion** Sites At All WTHSP **Existing** Sites 38% | 44% 4% 137% Apr 2020 Mar 2021 Apr 2020 Mar 2021 Northern 41% | 42% 17% | 56% Apr 2020 Mar 2021 Apr 2020 Mar 2021 Interior 7% 135% 52% | 56% Apr 2020 Mar 2021 Apr 2020 Mar 2021 Fraser 14% | 43% 61% 68% Apr 2020 Mar 2021 Apr 2020 Mar 2021 Vancouver **Island** Vancouver Coastal 14% 62% 34% | 48% Apr 2020 Mar 2021 Apr 2020 Mar 2021

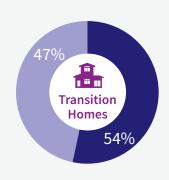


Physical Distancing and Need for Own Rooms

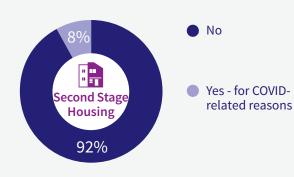
- Almost 40 per cent of stays for women at WTHSP expansion sites were due to other existing programs being full in 2020-21.
- Forty per cent of stays for women at WTHSP expansion sites were due to the woman or a member of her household being in vulnerable health, requiring self-isolation, or requiring quarantine in 2020-21. These individuals could perhaps not be accommodated in their own room at the existing site due to the communal living spaces, particularly at the transition houses.
- Women staying at transition houses between 2020-21 were more likely to require their own room compared to stays at safe homes and second stage housing.



Stays for Women at WTHSP **Existing** Sites by Whether Own Room Required During Pandemic and Program Type 2020-21









Demographics of Women Staying

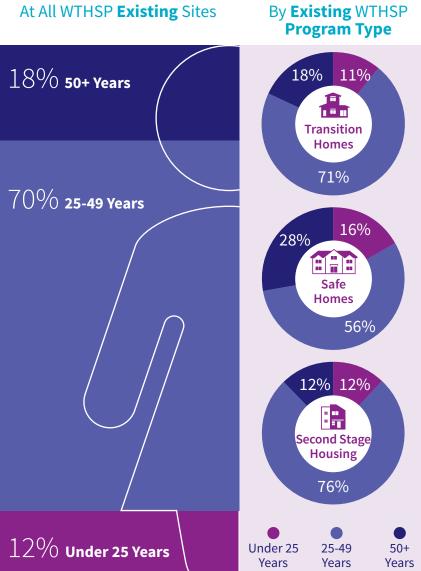
- > About 70 per cent of women at expansion and existing sites were between the ages of 25 and 49 years old in 2020-21.
- > There were a higher proportion of women 50+ years at safe homes compared to transition houses and second stage housing (some safe homes primarily serve older women).

Stays for Women at WTHSP Sites by Age Group and Program Type

At WTHSP **Expansion** Sites

21% 50+ Years 71% **25-49** Years 8% Under 25 Years

At All WTHSP Existing Sites



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- > At the expansion sites, about one third of stays in 2020-21 were for women who identified as being of Indigenous descent.
- > Existing WTHSP sites had a higher proportion of women identifying as being of Indigenous descent compared to the expansion programs in 2020-21.
- > There are transition houses that primarily serve Indigenous women fleeing violence, which is why there is a higher proportion of women at existing transition houses compared to expansion sites and other existing program types.

Stays for Women at WTHSP Sites by Indigenous Identity and Program Type 2020-21

At WTHSP **Expansion** Sites

30% Indigenous 70% Non-Indigenous

At All WTHSP **Existing** Sites



Accompanied Children

2 children

3+ children

2 children

- > At both WTHSP expansion and existing sites:
 - About one third of stays were for women who were accompanied by children in 2020-21.
 - The majority of children were under the age of 12 years in 2020-21.
- About half of stays with children included one child in 2020-21.

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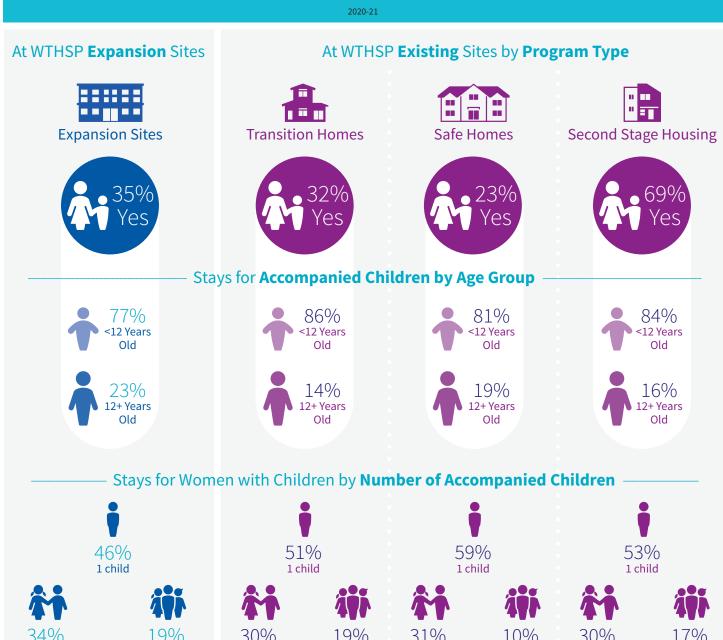
Women at second stage housing were more likely to be accompanied by children. Women were least likely to be accompanied by children at safe homes in 2020-21.

3+ children

2 children

3+ children

Stays for Women at WTHSP Sites by **Whether Accompanied by Children**



3+ children

Where to Upon Departure and What Supports Were Provided?

- Upon departure from expansion sites, most stays for women moved to housing/second stage, other shelters/ services and friends and family in 2020-21.
- Around 10 per cent of stays saw women return to the abusive situation or leave to homelessness in 2020-21.
- A higher proportion of women leaving expansion sites went to other transition houses/services compared to existing sites. This suggests women were staying in expansion
- sites until spaces open up at the existing transition houses or other services or women and/or their children have completed their self isolation period and can safely return to the transition house or safe home.
- Among existing sites, a significant proportion of stays for women leaving second stage housing go on to housing compared to other existing program types in 2020-21, which is consistent with pre-pandemic reporting.

Completed Stays for Women at WTHSP Sites by Where To After and Program Type

After WTHSP **Expansion** Sites



32% Housing & Second Stage Housing





Friends / Family





After All WTHSP **Existing** Sites













Homelessness & Returned to Abusive Situation



Despite challenges that may have arisen in providing services and assistance to women due to the pandemic, WTHSP programs continue to provide important assistance to women beyond immediate shelter. This includes helping women find long term housing, navigate community services, and develop safety plans. In 2020-21:







^{3, 4, 5:} It is possible that women stayed at more than one site or called more than one site for assistance during the reporting period and would, therefore, be counted more than once in this figure.

^{4, 5:} Includes women who did not stay at the sites during the reporting period, but called or emailed for assistance.

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Source: BC Housing, Spreadsheets provided by WTHSP non-profit operators, April 1, 2020 - March 31, 2021, April 2021 Snapshot NOTES:

- 1. Stays are recorded for women, which may include accompanied children.
- 2. Stays do not represent unique individuals as a woman may stay at more than one site or come back to the same site.
- 3. If a woman moves from an existing site to an expansion site or vice versa, they get a new stay record reflecting the intake date of the new stay.
- 4. Data is provided to BC Housing by WTHSP providers. Data integrity is dependent on data entry by providers.
- 5. Reports are due to BC Housing every month, but it is possible that some reports are delayed, resulting in different stay periods reflected in the data than what is noted in the reporting period dates. If sites miss submitting their report one week, their most recent report is included so cumulative stays do not decrease.
- Phone calls includes emails and phone calls where assistance is provided to women who are not currently staying in the programs. This may include phone calls/emails from women who previously stayed in the program or other programs.
- 7. For stays starting before April 1, 2020 but continued on April 1, 2020 or later, the stay is included in this report.
- 8. Expansion sites have been created in many communities across BC to allow for social distancing at WTHSP programs. Stays at expansion sites are being reported separately.
- A stay includes consecutive nights in the program (a minimum of one night); i.e. regardless of the number of consecutive night(s) a woman stays in the program, it would be counted as one stay
 - *If a woman (and her children) stays 1+ consecutive night(s), leaves for at least 1 night, and then comes back during the reporting period, this is counted as separate stays (as many stays as appropriate)
 - *If, however, a woman leaves with the intention of returning, and her bed is held for her over a short duration, this counts as a single stay.
- 10. Age is calculated based on age at intake date.
- 11. Unless otherwise noted, proportions are based on those who provided a response (i.e. stays with no response to an indicator are excluded from denominator for that indicator).
- 12. Unless otherwise noted, stays includes stays that have been completed and those that are ongoing at the snapshot date.
- 13. Children may not accompany the woman for the whole stay.
- 14. Women reported to stay without children may have children that did not accompany them during the stay.
- 15. Departures do not represent unique individuals, as a woman and accompanied children may have stayed more than once during the reporting period at the same site or another site included in the report.

- 16. Departures to housing includes private market housing with and without a rent supplement, and affordable housing.
- 17. Some sites may have had closures. Some sites moved to different hotels during the reporting period. Some sites continued stays that moved sites but others may have started new stays when people moved to the new location
- 18. Turnaways do not represent unique individuals, as a woman may have been turned away more than once during the reporting period at the same site or another site included in the report. She may also have been accommodated that night at a different site or another night at the same site or a different site.
- 19. Safety plans and referrals may have been provided to women staying at the sites, previously stayed at the sites, or who never stayed at the sites.
- 20. The reason for referral applies to why the household (woman and her children, if applicable), was referred to the Transition House, Safe Home or Second Stage Housing program.
- 21. A stay may overlap months, therefore total stays per month may be double counted across the months.
- 22. Quarantine refers to people who have been asked to quarantine. Quarantine separates and restricts the movement of people who were exposed to a contagious disease to see if they become sick. These individuals are asymptomatic but have either traveled to an area with an active outbreak of the virus or have had close contact with a laboratory-confirmed case of COVID-19.

- you are returning from travel outside of Canada (mandatory quarantine)
- you had close contact with someone who has or is suspected to have COVID-19
- you have been told by the public health authority that you may have been exposed and need to quarantine
- 23. Self-Isolation refers to separating those who are already sick from the rest of the population. Self-isolation provides individuals the opportunity to recover from the virus without spreading it to others.

You must isolate if any of the following apply:

- you have been diagnosed with COVID-19, or are waiting to hear the results of the lab test
- you have symptoms of COVID-19, even if mild

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MORE INFORMATION: BC Housing's Research Centre works in collaboration with housing sector partners to foster excellence in residential construction and find innovative solutions for affordable housing in British Columbia. Sharing leading-edge research, advances in building science, and new technologies encourages best practice. The Research Centre identifies and bridges research gaps to address homelessness, housing affordability, social housing challenges and the needs of distinct populations. Mobilizing knowledge and research expertise helps improve the quality of housing and leads to innovation and adoption of new construction techniques, Building Code changes, and enhanced education and training programs. Learn more about the Research Centre at www.bchousing.org. Sign up to receive the latest news and updates at www.bchousing.org/subscribe.

