

HEAT STROKE

Symptoms	What to do
<p>Behaviours</p> <ul style="list-style-type: none"> • Excessive panting and/or Vomiting • Muscle twitching • Anxious or dazed appearance • Weakness • Uncoordinated movements and muscle weakness (inability to stand/perch, or staggering) • Difficulty urinating <p>Conditions</p> <ul style="list-style-type: none"> • Temperature of over 104 degree • Increased drooling • Gums that are pale or bluish • Rapid or irregular heartbeat • Diarrhea/bloody stool, Black or tar-like stool • For lizards and birds: Stiffness, discolored skin or tongue, rigidity, lethargy, and loss of appetite • Muscle tremors/seizures/collapse 	<p>Get your pet to a vet or pet hospital as soon as possible.</p> <p>While waiting for a ride:</p> <p>DO NOT put pet in an ice bath – DO put lukewarm cloths or towels on back of their neck, on their head, and under their armpits.</p> <p>DO put your pet in front of a fan</p> <p>DO get your pet out of sun as soon as possible.</p>

HEAT EXHAUSTION/STRESS

Symptoms	What to do
<p>Behaviours</p> <ul style="list-style-type: none"> • Slowing down • Reluctance to walk or run, tiredness • wanting to stop • Looking for shade • Seeking water to drink (puddles, hoses, taps) • Excessively thirsty • Grimacing • Anxiety • Dizziness/glazed eyes • Lack of coordination/lack of balance • Attempting to stick head/nose out an open window <p>Conditions</p> <ul style="list-style-type: none"> • Rapid/excessive panting, difficulty breathing • Drooling, thick or “ropy” saliva • Body feels hot to the touch • Bright red gums, dark tongue • Low skin elasticity — an indication of dehydration 	<p>STOP, do not push your pet any further.</p> <p>DO get your pet out of the sun and into the shade</p> <p>DO offer water to your pet</p> <p>DO use (lukewarm) water or wet towels to cool pet down</p> <p>DO put your pet in front of a fan.</p> <p>Take your pet to a vet or pet hospital if symptoms persist or get worse.</p>