Comox Valley - 2023 Homeless Count

Point-in-Time (PIT) homeless counts provide a snapshot of people who are experiencing homelessness in a 24-hour period, their demographic characteristics, service use and other information.

For the purpose of this count, an individual was defined as experiencing homelessness if they did not have a place of their own where they paid rent and could expect to stay for at least 30 days. This included people who:

- Stayed overnight on the night of the count in homeless shelters, including transition houses for women fleeing violence and youth safe houses, people with no fixed address (NFA) staying temporarily in hospitals, jails or detox facilities (defined as “sheltered”); and,
- Stayed outside in alleys, doorways, parkades, parks and vehicles or were staying temporarily at someone else’s place (couch surfing) and/or using homelessness services (defined as “unsheltered”).

Since the PIT Count in 2020, several new shelter spaces had been made available during the COVID-19 pandemic, including the Cliffe Avenue Motel conversion. This can contribute to higher PIT numbers by making sure more people are counted in these spaces than if they were not sheltered.

The 2023 PIT Count took place in Cumberland, Courtenay, and Comox on the evening of March 13 and the daytime of March 14. It is important to consider that youth are one of several population groups often underreported in this methodology.

In the 2020 PIT Count, 20% of respondents identified as Indigenous.

This year, the PIT Survey asked respondents if they, a parent, or grandparent attended residential school. The Indigenous Homelessness Steering Committee and the Indian Residential School Survivors Society were instrumental in helping create this question and provide resources for respondents and interviewers to stay safe.

People were identified as experiencing homelessness compared to 132 in 2020.

Where did individuals stay the night of the count?

Of Unsheltered Respondents*

- 37% Someone Else’s Place
- 31% Outside
- 17% In a Vehicle

Experienced homelessness for the first time as a youth

51%

of respondents identified as 2SLGBTQIA+

12%

of respondents identified as having trans experience

5%

of respondents identified as Indigenous

28%

Compared with 7% of the Census population

RESIDENTIAL SCHOOL

67% of Indigenous-identifying respondents reported having lived or generational experience with residential school

RACIAL IDENTITY

3% Black

2% South Asian

1% South East Asian

1% Latin American

* Top responses highlighted
REASONS FOR HOUSING LOSS*  
- 56% Not Enough Income  
- 31% Substance Use Issue  
- 27% Mental Health Issue  
- 17% Conflict with Spouse/Partner

HEALTH CONCERNS  
- 65% Medical Condition  
- 53% Physical Disability  
- 76% Mental Health  
- 76% Addiction  
- 40% Learning Disability

44% Reported an acquired brain injury  
84% Reported two or more health concerns

LENGTH OF TIME EXPERIENCING HOMELESSNESS  
- 12% Under six months  
- 77% One year or more

- 92% of respondents have been in the community for more than one year  
- 66% have been in the community for five years or more  
- 16% Have always been in the community

SERVICES ACCESSED*  
- 75% Food Services  
- 66% Emergency Room  
- 60% Health Clinic

OVERNIGHT LOCATIONS IN LAST YEAR*  
- 68% Homeless Shelter  
- 48% Outside  
- 45% Someone Else’s Place  
- 45% Vehicle

PIT counts are an undercount and represent only those individuals identified during a 24-hour period.  
- While PIT Counts are an accepted methodological tool, the numbers are understood to be the minimum number of people who are experiencing homelessness on a given day in that community.  
- Percentages are based on the number of respondents to each question, not the total population experiencing homelessness.

The number of respondents indicating they are living with an acquired brain injury increased from 33% in 2020.

Responses for other health concerns all increased, as did the number of respondents reporting two or more health concerns, up from 68%.

In 2020, 33% of respondents had experienced homelessness for under six months.

Compared to 2020, fewer respondents have been in the community for less than six months, suggesting many people experiencing homelessness in the Comox Valley were in the Comox Valley the last time they were housed.

97% of respondents reported having an income source. The most common income sources were income assistance and disability benefit. Around 7% reported a full or part-time job.

New for the 2023 PIT Count, the survey asked respondents to check all the locations they had stayed in the past year from a list, rather than only asking if they had stayed in a shelter.

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